Newsletter

Fall 2020



Holiday Giving: Honouring the Ones We Miss

For most of us, Christmas 2020 won't be like those of years past. We may not see loved ones who live away from us. Our families may not gather in their usual ways or be able to visit and celebrate with dear friends.

Despite these challenges, you can still let loved ones know that you care and are missing them over the holiday season by making a donation in their honour to Lionel Kelland Hospice. We'll let them know that a special Christmas gift to the Hospice has been made in their honour. The amount you donate will not be disclosed.

Your donation will bring you closer to the ones you love and miss, and bring us closer to opening the doors of Lionel Kelland Hospice. Make your gift securely online at www.lionelkellandhospice.ca/donations.

When Every Moment Matters

For two weeks in the winter of 2019, as our brother-in-law Carl's journey with cancer drew to an end, our family gratefully experienced the serenity afforded by full-time care at a hospice in Richmond, B.C. The compassionate staff and volunteers welcomed and supported Carl's wife, Lana, their children and grandchildren, as well as extended family from Newfoundland, enabling us to make ourselves at home and to support Carl and each other. The medical staff kept Carl comfortable and kept us fully informed. His friends came by to visit and bring food. Meals were also available through the hospice's kitchen. On days when he was able, Carl ate with us in the sunny dining room. Some days he joined us in one of the available living room areas to sit and share stories or to gather around the piano to sing favourite Newfoundland songs.

Our family is beyond grateful that Carl's final days were spent peacefully, with dignity, respect and compassion in a setting that honoured his life and allowed us to share that precious time together. It was a refuge; a haven that helped ease the sadness and uncertainty of each day. We have nothing but positive memories of our experience at the hospice and are glad to know that families here will soon be able to receive similar care when they need it most.

- Joanne and Craig Goudie, Grand Falls-Windsor



A Thoughtful Tribute

We're grateful to all those who think of others, even as they grieve the loss of a loved one. In the summer, a special family came to visit and presented us with donations made in memory of Rosalie Penney who was an aunt of our namesake, Lionel Kelland. Rosalie passed away in March and many family members and friends made In Memory donations to honour her life.



Many thanks to the family and friends of Rosalie Penney and to all those who make In Memory donations. You are helping us build a place that will provide peace and comfort to those at the end of life and their families. Thank you so much.



Impact of COVID-19 on Lionel Kelland Hospice

Every single one of us has been affected by COVID-19. When the global pandemic was declared in March 2020, we all felt vulnerable. The early months of lockdown found us separated from loved ones and fearful of the unknown. At Lionel Kelland Hospice, we closed our office and stopped our in-person work. Our volunteer Board continued working as best it could through virtual meetings and electronic communications.

When allowed, through the Alert Level system, we re-opened our office in August with the appropriate health and safety measures in place.

The impact of the COVID-19 pandemic has brought changes from a fundraising perspective. In the first few months of the pandemic, there were very few donations and because community activity was so restricted, groups were unable to host fundraising events for Lionel Kelland Hospice – these things had a significant negative impact on our revenue.

What COVID-19 has **not changed** is our commitment to ensure that people facing end-of-life receive the care, dignity and respect they deserve.

Despite what COVID-19 has thrown at us, we remain optimistic that with the help of our partners and the continued support of the community, we will raise the additional funds required to build our Province's first residential hospice and serve many, many families in the years to come.

Lionel Kelland Hospice Summary of Receipts and Disbursements Cumulative to September 30, 2020

Revenue	Received	Committed	Total
Donations Jan 1, 2017 to Sept 30, 2020	\$626,189		\$626,189
Committed Funds		\$323,600	\$323,600
Total	\$626,189	\$323,600	\$949,789
Expenses			Total
Disbursements Jan 1, 2017 to Sept 30, 2020			\$231,054
Total			\$231,054

Design Work is Underway



We are excited that design work on Lionel Kelland Hospice has begun! Architects are working right now to create an inclusive space where patients will receive the care, dignity and respect they deserve at the end of life. Family members will be present in the final moments, not as caregivers, but as loved ones.

In the design phase, the St. Catherine's property located in Grand Falls-Windsor will be transformed. The Hospice will have 10 private patient suites with spaces and supportive services that allow families to be together, to share a meal and celebrate the lives of loved ones. Design work is expected to take several months and a construction start on Lionel Kelland Hospice is planned for early 2021.

We are thankful to the Presentation Sisters who have been so generous with their support. The donation of the St. Catherine's property significantly advanced our effort to create a community-based hospice. The unceasing support of the Sisters has made all the difference.

We are grateful for our partnership with our Provincial Government and their commitment to making the vision a reality. In 2019, the province committed \$3 million towards the construction costs and a further \$1.3 million to assist with the annual operations expenses. We look forward to our work with the Department of Health and Community Services and Central Health in making our vision a reality.

The collective efforts of our partners and so many individuals and community groups have allowed us to reach the stage of dignity by design. We are truly grateful.

2020 Achievements

During 2020, much planning has taken place (and continues) to ensure that when Lionel Kelland Hospice opens, our patients and their families will receive the care, dignity and respect they deserve. Our committees are focused on specific tasks to make sure everything will be in place.

The Building and Property Committee issued a public call for proposals in January for the design of the Hospice and a thorough evaluation was carried out of the proposals received. While the COVID-19 situation delayed our process somewhat, in the summer we awarded the design contract to Fougere Menchenton Architecture, an award-winning firm with broad experience that includes designing buildings for health care.

As a registered charity, Lionel Kelland Hospice must apply the highest standards and best practices to everything we do. To help achieve this goal, our volunteers participated in a training program on Board Governance. Our Governance and Leadership Committee is updating the constitution and by-laws to enable us to demonstrate excellence in five key areas; board governance, financial accountability and transparency, fundraising, staff management and volunteer excellence.

Our Programs and Services Committee is working to identify and define programs and services that will best meet the needs of our patients and their families. Members of our Executive Committee are collaborating with our partners, the Department of Health and Community Services and Central Health, to ensure that the people we serve have access to the highest standards of end-of-life care.

Coming Up In 2021

We are eagerly awaiting the completion of the design of the Hospice. When we have final design, we will also have accurate cost projections. Our plan is to begin construction early in 2021 and the construction period is expected to last 10 to 12 months. The 2021

year will also see the launch of our capital campaign to raise the remainder of funds required to complete the Hospice to the highest standards. We are planning to introduce a **Hike for Hospice** in the coming year. This event (possibly virtual) will become an annual one to help offset the operations cost of the Hospice. More details to come on Hike for Hospice in the new year.

A Love Story That Was a Privilege to Witness

From Bobby's Hospice, Saint John, NB

My most cherished story is a love story that I felt privileged to witness.

The husband was our patient and his wife spent every day by his side but did go home at night to sleep. On the evening that he died, although the family thought it best for her to go home, she felt she needed to stay. She told me that they had been together so long she could not leave and not be here when he needed her the most.

When we were getting our medications ready for delivery, she came to the desk to tell us his breathing had changed. Upon entering his room, I realized his death was imminent. We helped her to lay down beside him and she requested that she have these last moments alone with him. I came out, called the rest of her family, and told her I would be back in minutes.

When I came back into the room, they were laying together and she said to me "I don't feel him anymore." I was touched by her words and how she expressed his dying in such an intimate and loving manner.

This happened years ago but I take this with me in so many aspects of my life. When someone comes to Hospice for the last part of their journey, we realize that this isn't just about our "patient." There are so many other people that are travelling on this journey with them and what an honour it is to be here for them.

- Jill Seeley, LPN

How You Can Help

Lionel Kelland Hospice will be a peaceful home-like place where those nearing the end of life have the supports they need when every moment matters. You can help:

- Talk to your family and friends about Hospice.
- Encourage your co-workers to make a group Christmas donation to the Hospice, in place of the usual gift exchange.
- Follow us on Facebook. Like and Share our posts.
- Make a donation online at www.lionelkellandhospice.ca/donations.
- Make your donation to Lionel Kelland Hospice, Presentation Centre, 3 St. Catherine Street, Grand Falls-Windsor, NL A2A 1V7.

Lionel Kelland Hospice is a registered charity and tax receipts will be issued for all donations. Our charitable status number is 75123 7090 RR0001

Board of Directors

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Mr. Tom Boone, CA - Treasurer

Sr. Roisin Gannon - Secretary

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Contact

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